



Mean Green Youth Volleyball Programs Fall 2010

Mean Green Adult/Child Volley (K-4th grade)

Players can have *extra fun* with an adult - mom, dad, grandparent, older sibling, YOU PICK! The accompanying adult will be instructed on fun and easy ways to continue volleyball development at home. Exercises and drills will be designed for adult and child interaction with an emphasis on developing hand-eye coordination, teamwork, agility and motor skills. The UNT Volleyball Staff will organize and direct each session.

5 Week Session: Begins August 30- September 27
Time: Monday 6:00-7:15pm
Cost: \$59/player – includes a volleyball
OR
\$15 Single Session Walk-Up

Mean Green Lil Spikers (K-4th grade)

A basic introduction to volleyball that develops the motor skills and coordination directly related to the sport. Exercises and drills will be used to teach hand-eye coordination, self confidence, agility and motor skills. Each week will focus on two volleyball specific skills. This program will emphasize a fun and structured learning environment by UNT Volleyball Staff.

5 Week Session: Begins September 1- September 29
Time: Wednesday 6:00-7:15pm
Cost: \$59/player –includes a volleyball
OR
\$15 Single Session Walk-Up

Mean Green Junior Spikers (5-6th grade)

Learn the fundamental skills of volleyball through detailed instruction and progressive team interaction. You are guaranteed a fun time with fast-paced drills and a lot of repetitions. A great way to learn the game and enjoy some Mean Green competition!

5 Week Session: Begins September 1- September 29
Time: Wednesday 7:30-8:45pm
Cost: \$59/player –includes t-shirt
OR
\$15 Single Session Walk-Up

Mean Green Open Gym Play (5-8th grade)

5th – 8th graders can come to the UNT Volleyball Center with friends, listen to their favorite tunes over the loudspeaker, play some 4 vs. 4 “Queen of the Court” games, and have a blast!

Ongoing Session: Begins August 31
Time: Tuesday 6:00-7:30pm
Cost: \$5 Pay at the Door – Cash Only

REGISTER ONLINE www.meangreenjuniors.com